

# Cycles

Explore your relationship to the main Cycles in a Woman's life.

Discover and restore parts of your life that have gone unacknowledged or unwitnessed.

Cycles offers you a safe and sacred space to look at where you might have had your natural unfolding interrupted, where aspects of yourself may have been lost or forgotten, or where important changes in your life were left unhonoured.

Join us in this two day workshop which explores your relationship to Feminine archetypes. It is for women only and is a quiet contemplative piece in which you create your own level of challenge. This opportunity for self exploration and discovery is a very personal adventure which provides the space to integrate your particular feminine life journey in all its aspects.

As you examine how the archetypes and beliefs around them sit in your own psyche you can access places of comfort and discomfort, both personal and cultural. Visual and spoken pieces will support this personal immersion while each of us treads our own path through memory and evocation.

Throughout our time together you are invited to deepen your relationship with change and transition and to forge a new empowered way of moving forward.

You will leave with a greater sense of yourself and your particular journey as a woman in this lifetime, having had the opportunity to reweave some of your own threads and complete unfinished business.

**Date:** December 9th-10th, 2017  
**Time:** 9.00am to 5.00pm  
**Venue:** The Quintessa, Whidbey Island  
**Price:** \$460 per person  
**Facilitators:** Kristin Panek & Celeen Woodbury

## LIMITED PLACES — BOOK NOW

Contact Celeen at 360-632-1072  
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