



# Shematrix

## MYSTERY SCHOOL



### SOUTHERN HEMISPHERE 2026 - 2028

# TRAINING 1

Training 1 is an opportunity to practice self-reflection and self-responsibility while participating in a community that is dedicated to service. You will be invited to participate in events in physical presence and online during the 2 years.

What you can expect to share and learn in Training Level 1

- Deeper understanding of the intention behind the practices we do in The Gift weekends and how to bring the gifts of those practices more tangibly into all aspects of your life.
- Knowledge about ritual and the practical skills for bringing the power of ritual into your daily life.
- Developing awareness and trust of the physical body as a guide to self-awareness.
- Opportunities for self-reflection and insight within a community of people who are oriented to their personal evolution and service as a priority.
- A deeper understanding of the dynamics of personal responsibility.
- Practices to bring awareness to the power of communication and how it affects all relationships, and the skills to share responsibly without compromising your truth.
- Learning how to deliver feedback in a constructive way and receive feedback gracefully.
- Awareness of your capacities and claiming your unique strengths, skills, attributes and talents.
- Support from and on-going connection with a community.

*"The amazing tools & learnings along with the heartfelt unconditional support, connections & commitment from the collective have given me the courage to take the plunge and to live my life like I have always dreamed of."*

“The training stretches me, teaches me and has gifted me with the most intimate and deep connections. My life is richer and my relationships more loving and balanced.”

Included in the 2 year journey of Training Level 1

- **Training Level 1 Intake Weekend**

Held in a beautiful setting, this is the foundation event to establish the core practices and dive whole-heartedly into the shared journey together.

Intake Lunch and Circle:

Friday 27th November 1.30pm to 6.30pm

Inclusive Training Days:

Saturday 28th and Sunday 29th November 9.00 am to 6.00pm

- **Two-day training events**

There are two of these events included over the duration of Training 1. The above intake weekend being one of them. These two-day events are designed to deepen the practices in physical company with the coaches, Guides and Training community.

- **Online sharing community**

The invitation to reflect, self-investigate and share in a cyber-circle through answering a written questionnaire has proved an invaluable tool for staying in connection with your own evolutionary path and the collective. This is optional but highly recommended.

- **Audio Library**

(access to an MP3 recording to download)

As a deepening of the journey, you will have access to audio's of talks and meditations by qualified Guides for you to enjoy any time.

- **Access to training debrief meetings with Guides after events**

As a member of the Mystery School, while attending any GIFT events, whether on team or as a participant, you are eligible to attend the special training debrief meetings on the Monday after the event. These provide invaluable training and insights. Many people have shared that these can be the most transformative part of the whole journey!

“Within the Shematrix training, I am encouraged to keep showing up and stating what is really happening for me, my truth in my reality.”

Please note: Training I is only available to women, though we do have avenues for men to participate in associated courses and their involvement in the evolution of this work is valued. Men are welcome to attend Clearflame trainings and are encouraged to participate in the work of Byron Katie. There will be future opportunities for men to attend other courses as part of the Shematrix Mystery School.

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### Pre-requisites

To qualify to apply for the Shematrix Training 1, you must -

- Have attended at least three Gift weekends.
- Have completed the ClearFlame training
- Be familiar with The Work of Byron Katie and have attended at least one weekend event or had 3 individual facilitated sessions ([www.thework.com](http://www.thework.com)).



### Training Level 1 Cost

\$3900 paid in full by 31st October 2026 before training event, or

12 instalments \$312 = \$3740 [after deposit] paid by 31st October 2027, or

20 instalments \$187 = \$3740 [after deposit] paid by 30th June 2028

Southern Hemisphere Dates:

### Training Intake

Friday 27th to Sunday 29th  
November, 2026

### Interested in the training?

For further information contact:  
**Tania** at [tania.dc@icloud.com](mailto:tania.dc@icloud.com)  
**Juliette** at [Joolsbro@hotmail.com](mailto:Joolsbro@hotmail.com)