

Cycles

FOR WOMEN OF ANY AGE AND STAGE OF LIFE

Cycles is a beautiful, nourishing deep exploration of the Feminine Archetypes.

A Deep and Magical Exploration

Saturday 25th & Sunday 26th July, 2026. MULLUMBIMBY, NSW

Perhaps you feel there are aspects of yourself that may have been lost or forgotten, or where important changes in your life not honoured.

TIME

9.00am to 5.30pm

VENUE

MaRooTa at
418 Left Bank Road
Mullumbimby NSW

PRICE

\$655 (\$490 Reviewers)

BOOKINGS

Barbara Underwood
0403 661 416
bunderwood2483@gmail.com



FACILITATORS: Juliette Brown, Kisha Burlinson and Tania Di Costanzo

Coming to this Cycles event is one of the deepest acts of self love you can gift to yourself. It gives you time to drop in, gently listen and tenderly feel into the parts of you that may have been forgotten, left behind or left out and to lovingly welcome them home. Cycles is a meditative, quiet journey into the inner realms of your more personal spaces. It is both deeply personal and yet collective - gentle, while also profoundly powerful. It offers you the time, space and beauty to easily restitch whatever needs mending and to honour whatever may have not been fully celebrated or embraced in your life. This is your invitation to reshape your relationship with transition, transformation and the ever-present rhythm of change that is woven into all of life.

Come to Cycles! It is a time to self nourish, self nurture and meet the aspects of yourself that have perhaps been left out of the field of love. It is a generous act of self care. This space allows you to gently be with all aspects of yourself, to hear them, feel them, love them and heal them. This is a quiet contemplative journey in which you create your own level of challenge. Sharing this journey with other women is a rare and precious privilege.

Invest in yourself - your future self will thank you for the gift of this time and space. Come and gather the extra energy you will recover by meeting yourself in this profound and yet gracious way. It is a wonderful reset for your life. If not now when will you actually choose, to put yourself first and give yourself the time to truly refill your cup. This is a place of being deeply home in yourself and for relishing the rich Feminine that lives within. This is a place to return to again and again.

"This work goes way beyond an exploration of the Feminine Archetypes. It is not enough to go to Cycles once. The insights I gained the second time around were even more deeply profound and transformational. This has changed me, the way I live my life, how I show up and my relationship to change and time." Penny A.

